



FASD matters in Minnesota

Fetal Alcohol Spectrum Disorders (FASD) is a set of physical, behavioral and cognitive disorders that occur in an individual whose mother drank alcohol while pregnant. FASD is the most preventable social problem we face. There is no cure, but it is 100% preventable.

1 in 10 women drink alcohol while pregnant*



*CDC Survey 2015

each year, **7,061** babies are born in MN with prenatal alcohol exposure*



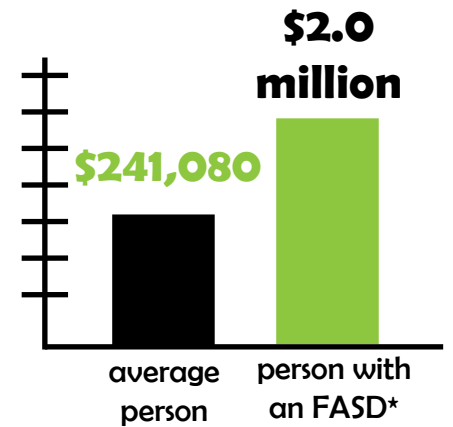
1 in 100 babies are born with an FASD in the United States

*CDC 2015

Prenatal Alcohol Exposure can harm the way a child learns & behaves including:

- hyperactive behavior
- physical, mental, social & behavioral disabilities
- difficulty paying attention
- learning disabilities**
- memory problems**
- poor reasoning & judgment skills

Estimated cost over 18 years:



*USDA 2012

FASD costs Minnesota **\$131 million** each year*



for education, juvenile justice, medical and mental health services

*L. Burd & R. Howard, 2004

Why **FASD matters**

61% of adolescents with an FASD experienced significant school disruptions

2-3x more likely to be bullied

60% of individuals with an FASD have a history of trouble with the law

94% of individuals with an FASD also have a mental illness

early **intervention**



5% of women in chemical dependency treatment are pregnant.

*SAMHSA 2011

1 in 5 Minnesota women did not receive any message about alcohol use from their doctor or were told they could drink lightly or in moderation

together, we can **save the state money** and make a **better MN** for everyone!