

thank you for your support



Minnesota Organization on Fetal Alcohol Syndrome
651-917-2370
mofas.org



grants
Minnesota Department of Health
Minnesota Department of Human Services
National Organization on Fetal Alcohol Syndrome

major in-kind
American Solutions for Business
Ideal Printing
MN Monthly
Russ & Patty Sherer

corporations/organizations
\$100-\$499
Arcstone Technologies
Baker Tilly
Diageo
Fredrickson & Byron
HealthPartners
IBEW Local 292
Insurance Advisors
J. J. Taylor Distributing
Kyle White, Attorney at Law
Nology Networks
Western National Insurance

\$500-\$999
Bloch & Bloch, P.A.
Duluth Sister Cities International
Shakopee Mdewakanton Sioux

\$1000-\$5000
Allina Health
Bell Mortgage
CentraCare Health
Mille Lacs Corporate Ventures
MINCEP Epilepsy
MN Municipal Beverage Association
Sanford Health
United Health Group

foundations
\$1000-\$6000
RBC Foundation
Pohlad Family Foundation
Steven Miles & Joline Gitis Charitable Fund
Whitney Family Foundation
William S. & Kimberly A. Gabby Charitable Fund

\$10000-\$19999
Kinney Family Foundation
WCA Foundation

\$20000+
Butler Family Foundation
Hixon Family Foundation
Otto Bremer Foundation
Wallin Family Foundation

\$50000+
Anonymous

individuals
\$1-\$99
Sue Abderholden
Darlene Anderson
Wesley & Sara Anderson
Judy Andrews
Robert & Mary Barnett
Joanne Bertsche
Dottie Blackwell
Erica Bowen
Steve Bye
Tamara Carlson
Jerry Casterton
Andrea Cowell
Amy Cytron
Susanna De Campos Salles
Nicki Donlon
Ronald Ehley
Marn Frank
Bill & Dolores Fridge

individuals
\$1-\$99 (con't)
Paul Gilje
Paula Goldberg
Jolene Goodrich
Bret & Kari Hansen
Kathleen Harrison
Ryan & Joanna Herm
Walt & Lisa Joy
Joe & Kathy Kingman
Lawrence & Diane Krantz
Camilla Krone
Marissa Lang
Shu-Chun Lee
Kim Lewis
Leah Mackie
Stacy Martin
Alexa & Jade McIndoe
Melissa Mendez
Melissa Moehrl
Barb Montgomery
Jonathan Morris
Mary Mumbrue
Jordan Narvey
Alvin & June Nelson
Keith Nelson & Karen McKim
Bonnie Neubeck
Shelly Nickles-Breitenfeldt
Kim Oberstar
Mike & Christina Pasdo
Katie Piehl
Donna Pietsch
David Proft
Michael & Margaret Proft
Wendylee Raun
Ruth Richardson
Dudley Riggs & Pauline Boss
William Roberts
Paige Robson
Terri Ross
Steven Schachtman
John & Kim Schilling
Michael Schmidt
Holly Schultz
Laure Schwartz
Tom & Melina Simonson
Karen Snyder
Ingrid Soderberg
Carol Steddum
Jennifer Stieve
Laurie Stivers
Bob & Barb Sykora
Mac & Maria Tripeny
Roger Trivette & Connie Stevens
Catie Triviski
Mary Voda
Sara Volkman
Sharon Volkman
Jennifer Weaver
Daren & Jeanie Wilkie

\$100-\$499
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Carl & Maryrose Adamek
Evelyn Ahlberg
Kristi Andersen
Karee Anderson
Paul Anderson
Russ & Kristin Anderson
Stephen & Carol Askew
Amanda Atkins
Augusto & Debra Avenido
Matt Batalden
James & Mary Berg
Thomas Berkelman
Jeff & Nancy Beyer
Roger & Angela Birnbaum
Jon Blake
Harald & Mary Borrmann
Chris & Amy Boys
Coleen Brady
Joe Yost & Anne Carlson
David Carnes & Lisa Hirst

\$100-\$499 (con't)
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Ena Carroll
Pi-Nian Chang
Tony Chesak
Bob Clough
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Julie Curtis
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Sara DiCecco
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Marvin & Joanel Dyrstad
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Glen Fladeboe
Melissa Fredin
Mary Gallagher
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Henry Graff
Kelly Gryting
Greg & Emily Gunderson
Harvey Helmin & Barbara Castaneda
James Hemak
Jim & Mary Jo Hofer
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Sharon Kotula
Mariys Larsen
Steve Magistad
Helena Mason
Paul & Anne Maxa
Catherine McGraw-Haffa
Michael McManus
John & Maryann Merideth
Natalie Messelt
George Miller
William Moninger
Brett & Anne Morrison
Rosanne Nathanson
Nancy Nelson
Steve and Sheryl Newman
Jean Nordgren
George & Kathleen Noren
Debora Nugent
Adrienne Oesterle
Doug & Carol Ogren
Andy Olson & Lana Siewert-Olson
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Greg Peacock
Colleen Peterson
John & Joan Pirner
Robertta Pisa
Tony Porter
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Morgan Reitmeyer
Pat Ricci
Shawn Richey
Johanna Robinson
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Mark & Denise Rosen
Tom & Julie Rossman
Janet Russell
Jenny Russell
Cherie Sawinski
Scott Schauss & Lynda Szymanski
Heidi Schellhas
Larry & Ann Schluter

\$100-\$499 (con't)
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Marnie See
Leonard & Susan Segal
Neil & Anne Skemp
Laura Smude
Sean & Lynn Sonnabend
Carol Stieve
Becca Stowe
Judith Strande
Bob & Pat Sykes
Jodi Tappe
Joyce Tester
Tess Tiernan
Betty Tisel
Bruce Torgerson
Rhonda Tyllia
Kirk Vadnais
John & Michelle Vipond
Sam Walseth
Todd & Laura Wheeler
Dick & Colleen Wicklund
Jan Wing
Josh Wing
Paul & Andrea Winghart
Jeff & Amy Wozniak
Gretchen Wright
Jon & Linda Yearous
Georgianne Yiannias

\$500-\$999
Heidi Anderson
Tony & Michelle Bayer
Bill & Sliv Carlson
Brad Delapena & Meredith McQuaid
Jerry & Sue Gilsdorf
Marsh & Joann Halberg
Jeffery Herman & Caryn Zumbrosky
Bill Lurton
Jay Orth
Pat & Karen Proft
Luke & Alice Retka
Bob & Anita Rieder
Karen & Mahlon Schneider
Art Thompson & Cathy Bruer-Thompson
Lenny & Mary Walker

\$1000-\$5000
Marybeth Dorn
Carl & Laura Bloch
Arne & Susan Carlson
Judy Eckerle
Victor & Marilyn Gebauer
Terri Heaton
Beth Ann Johnson
Dana Johnson & Mary Jo Spencer
Ilo & Peggy Leppik
Steve & Judy Lewis
Pat & Suzanne McArdle
Richard & Joyce McFarland
Milo & Mary Meland
Patrick & Sara Messelt
Kari Moeller
Thomas & Jennifer Moore
Jane Newman & Amy Lange
Tim & Sue Palmer
Ted Chien
Peter & Maya Tester
Dan & Diane Waarvik
Wheelock Whitney & Kathleen Blatz

in honor of...

...Alex
Carl & Laura Bloch
...Amy Lange
Darla Kashian
Steve & Sheryl Newman

...George Spencer
Dana Johnson & Mary Jo Spencer
...Karen Proft
Judy Andrews
Jon Blake
Steve Bye
Arne & Susan Carlson
Tamara Carlson
Henry Graff
Kathleen Harrison
Harvey Helmin & Barbara Castaneda
James Hemak
Ryan & Joanna Herm
Dylan Hofmann
Michael McManus
Nancy Nelson
Shelly Nickles-Breitenfeldt
John Paul
David Proft
Michael & Margaret Proft
Lynn & Jerry Reitmeyer
Morgan Reitmeyer
Dudley Riggs & Pauline Boss
Mark & Denise Rosen
Marnie See
Ingrid Soderberg
Roger Trivette & Connie Stevens
Sara Volkman
Sharon Volkman
Georgianne Yiannias

...Keith Dodson
William Moninger

...My Spectacular Daughter
Kelly Gryting
...Susan Carlson
George Miller

in memory of...

...Brad Wing
Jan Wing
Bret & Kari Hansen

...My Nephew John
Evelyn Ahlberg

...Robert Behrens
Marybeth Dorn

... Shawn Richardson
William S. & Kimberly A. Gabby Charitable Fund

2015 annual report



The Minnesota Organization on Fetal Alcohol Syndrome (MOFAS) was founded in 1998 to create a world in which women do not drink alcohol during pregnancy and individuals living with Fetal Alcohol Spectrum Disorders (FASD) are identified, recognized and valued. We're not only the leading voice and resource on FASD, we're a hub of hope for individuals and families affected by an FASD. We stand up for the rights of the FASD community, provide education and training so that FASD is better understood, and create awareness so all women know that there is no safe level of alcohol use during pregnancy.

success story: expansion of CRAFT program

“ I received the support I needed to get and stay sober. ”



When Kelly* came to the Community of Recovery Aiding Families in Transition (CRAFT) program, she had a two-month-old baby—and an alcohol and heroin problem.

She knew that she'd never be able to get and stay sober if she continued to work in her family's restaurant, which served alcohol. And that's where CRAFT really came through for her: the program not only helped her become sober, it helped her find another job.

CRAFT created an easy-to-follow, step-by-step approach that helped Kelly with problem solving, planning and support. Eighteen months after beginning the program, Kelly graduated sober, with a new job, and in her own apartment. She continues to attend AA/NA meetings and still attends CRAFT meetings to reach out to other moms.

None of this would have been possible had MOFAS not led the advocacy effort to secure funding from the Minnesota Legislature to expand the CRAFT program to two new locations. Thanks to this dedication, more mothers have taken steps to become sober, maintain their sobriety, and parent in a healthy way.

* Name has been changed to protect her privacy.



The Minnesota Organization on Fetal Alcohol Syndrome is a 501(c)(3) organization. Donations are tax deductible. Questions or concerns? Please contact Sara at 651-917-2370 or sara@mofas.org

public awareness

MOFAS distributed **124,000 items**, branded with our **"049"** (zero alcohol for nine months) message, to spread awareness about the importance of not drinking alcohol while pregnant. These included:

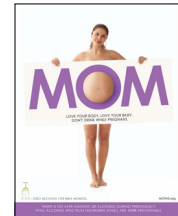
26,151

brochures



2,175

posters



12,956

buttons



35,366

lip balms



8,144

onesies



2,202

magnets



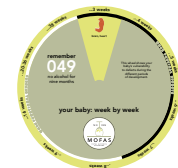
14,660

beverage coasters



5,221

fetal development wheels



7,476

window clings



3,352

people receive the MOFAS weekly eNewsletter

426,437

facebook reaches

253,064

website page views

40%



in website page views (over 2014)

20

public awareness grants awarded

167,500

people reached through public awareness grant events

40

community events attended

15,400

women reached through community events

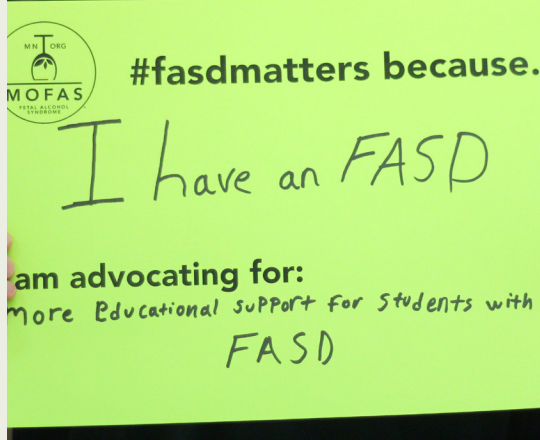


our mission

To eliminate disability caused by alcohol consumption during pregnancy and to improve the quality of life for those living with Fetal Alcohol Spectrum Disorders (FASD) throughout Minnesota.



screening & diagnosis



96 patients diagnosed in our clinic

14% ↑ INCREASE (over 2014)

137% ↑ INCREASE in birth families seeking services (over 2014)

success story: paraprofessional training law

“None of my paraprofessionals understood what I had because they just didn't have the training on it.”



Alex Miller knows firsthand that paraprofessionals can make or break a student's experience in school.

“I was probably half a percentage off from passing high school,” he says, “so just that little extra help with teachers and para-professionals made the difference for me.” Despite being kind and caring, however, many of his paraprofessionals had no idea how to address Alex's Fetal Alcohol Spectrum Disorder – because they'd never received any training in it.

That's why Alex did something he's never done before: he testified at the Minnesota State Legislature on behalf of MOFAS, urging lawmakers to pass a bill that would require paraprofessionals to receive disability-specific training before working with children who have a particular disability. With strong and concerted advocacy from Alex and others at MOFAS, that bill became law in 2015.

“What this law does is states that every paraprofessional needs to have updated training on the kids they are helping—if [the child has] autism, then they have to have training in autism; if it's FASD, then they have to have training in FASD,” Alex says. “They have to get training so that they know what to expect and how to handle it and get the most out of the kid instead of using the same tactics with all kids.” Alex is proud that MOFAS led the effort to pass the paraprofessional training bill. He says the new law will be a “major breakthrough” for kids like him.

“Nobody wants to go to school when nobody understands what you have or what to do with you,” he says. “[This law] helps kids behind me who are struggling—not just kids with FASD, but all kids who need help.”

professional education

128 trainings and presentations

6,230 people received training

50% ↑ INCREASE in training participants (over 2014)

383 statewide conference attendees



community grants

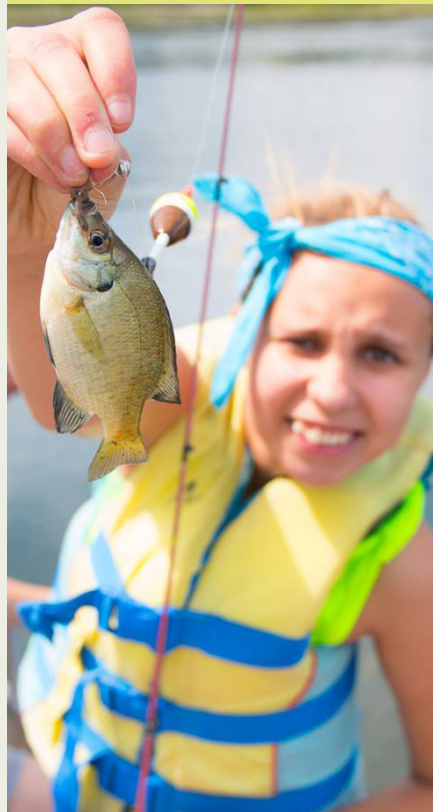


4 separate rounds of community grants

24 projects representing:

- medical community
- community-based agencies
- employment agencies
- American Indian-focused organizations and tribes

family engagement & support



2,011 virtual contacts with Minnesota families

307 in-person support meetings

2 family retreats **160** people attended retreats

377 people attended support groups

success story: YouthACT

“ I’ve never really felt problems that aren’t directly related to me aren’t my problem—they’re problems for everyone that need to be looked at. So this is just me following through on that. ”



Paul Tripeny doesn’t have an FASD — but he has three little brothers who do. So when he heard about YouthACT, he knew he wanted to be involved.

“I spend the majority of my time doing stuff so that in the future I can help my brothers; this is one of those things,” he says. “I get to help people understand FASD better.”

MOFAS was selected, through a highly competitive process, to be one just a few organizations in the country to host YouthACT. The national peer-support group encourages young people with and without disabilities to become leaders. Youth meet once a month at MOFAS to discuss everything from the serious to the silly, all the while focused on learning to position themselves as spokespeople for FASD.

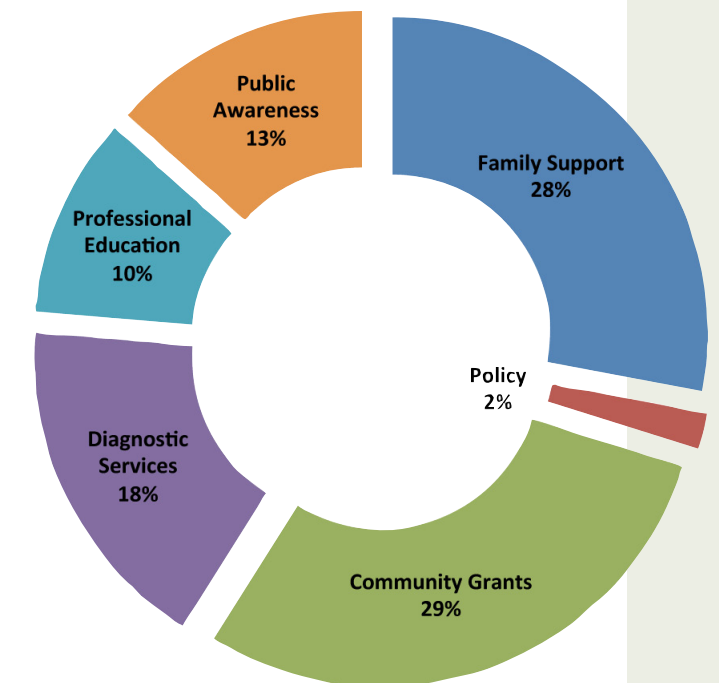
“It’s really just a group of nice people who hang out and talk and that’s worth going for,” Paul says. “We get to talk about stuff that’s important to all of us and how we are going to work together to make the future better.”

2015 board of directors

- Susan Shepard Carlson, JD**, Founder and President, Retired, Hennepin County Juvenile Court, Former First Lady of Minnesota
- Michelle Bayer**, Parent, Optum
- Laura Bloch**, Parent, Bloch & Bloch, PA
- Erica Bowen**, Individual with FASD, LADC, M Health
- Cathy Bruer-Thompson, MSW**, Retired, Hennepin County Adoption Services and Trainer
- Sliv Carlson**, Retired
- Ted Chien**, CEO and President, Sullivan, Cotter and Associates, Inc
- Marilyn Gebauer**, Retired, Children’s Home Society and Family Services
- Paul Kaspszak**, Executive Director, Minnesota Municipal Beverage Association
- Ilo Leppik, MD**, MINCEP Epilepsy Care
- Mary Meland, MD**, Retired, Pediatrician
- Sara Messelt**, Staff Member, MOFAS Executive Director
- Jennifer Moore, JD**, Parent, Moore Family Law, PA
- Jordan Narvey**, Caregiver, Bell Mortgage
- Larry Schluter**, Retired
- Maya Tester, JD**, Assistant County Attorney, Hennepin County Attorney’s Office
- Wheelock Whitney**, Retired, President, Whitney Foundation
- Andrea Winghart**, Parent, RBC Wealth Management

statement of financial position - 2015

Revenue	
Contributions	\$159,503
In Kind	\$2,314
Diagnostic Billing	\$57,457
Government Grants & Contracts	\$1,990,133
Other Grants	\$43,673
Training	\$39,472
Special Events (net)	\$40,323
Other Income	\$4,684
TOTAL	\$2,337,560
Expenses	
Personnel	\$937,586
Program	\$1,123,692
General/Admin	\$209,432?
Depreciation	\$1,666
TOTAL	\$2,270,710
Net Revenue	\$66,850
Total Net Assets	\$533,690



For a copy of the full financial audit, contact MOFAS at 651-917-2370.