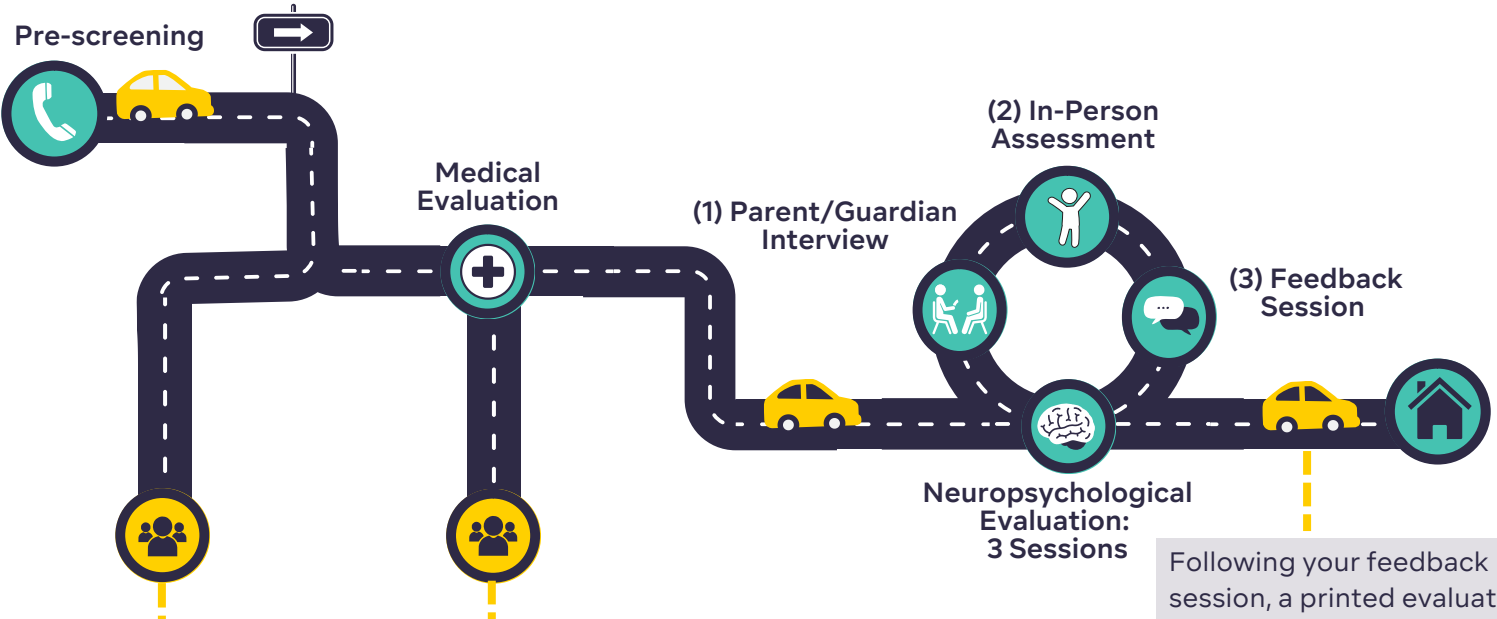


# The FASD Diagnostic Roadmap



What to expect when evaluating a child or teen for fetal alcohol spectrum disorders (FASD).



**Pre-screening:** We determine whether an evaluation at Proof Alliance fits your needs. If not, we connect you with other resources to meet your needs.

If criteria are not met for FASD at this time, you are still welcome and encouraged to utilize support and resources at Proof Alliance.

Following your feedback session, a printed evaluation report will be provided to you. Regardless of diagnosis, we will provide recommendations for the next steps in treatment and resources for support.



## Pre-Screening

- Short phone call with parent/guardian
- Intake packet - Including releases and consent forms
- Once the intake packet is returned, you will be added to the waitlist and needed records will be requested



## Medical Evaluation

- One session with a nurse practitioner (2.5 hours)
- The nurse practitioner will gather medical history including early health history and prenatal alcohol exposure history
- The nurse practitioner will assess the child's facial features and conduct a brief physical exam
- Discuss any evidence of prenatal alcohol exposure



## Neuropsychological Evaluation

- Three sessions with a clinical psychologist
  - Parent/guardian interview (1 hour)
    - The psychologist will discuss the child's areas of strength, their challenges, and needs with the caregiver
  - In-person assessment (3 hours)
    - The psychologist will assess the child's learning, problem-solving, language, memory, and motor skills, as well as their emotions and behaviors, through a variety of activities.
  - Feedback session (45 minutes)
    - The psychologist will discuss the evaluation results, including treatment plans and recommendations for home, school, and community services, with caregivers.



For questions or support, contact the clinic or visit our website:

Proof Alliance

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St. Paul, MN 55104

Phone: (651) 917-2370

Fax: (651) 917-2405

Email: [info@proofalliance.org](mailto:info@proofalliance.org)

<https://www.proofalliance.org>



## Evaluation Report

A summary of the findings is prepared along with any specific recommendations for follow-up support, resources and treatment.

- Proof Alliance Resources:
  - Caregiver Support
    - Roxanne King, 651-917-2370  
[roxanne.king@proofalliance.org](mailto:roxanne.king@proofalliance.org)
  - Youth and Young Adults
    - Marissa Lang, 651-917-2370,  
[marissa.lang@proofalliance.org](mailto:marissa.lang@proofalliance.org)
  - On-demand webinars